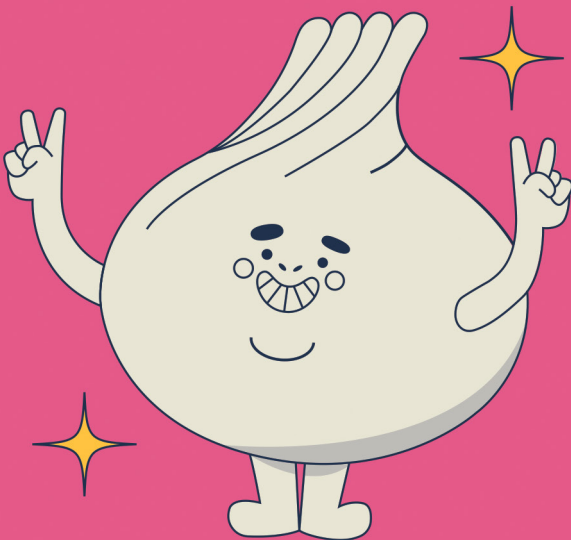
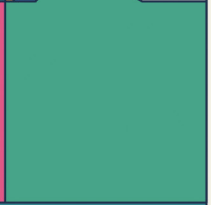
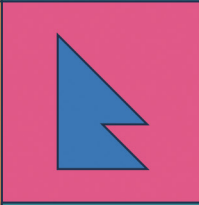
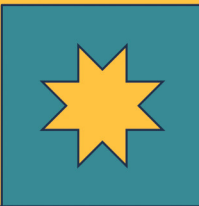
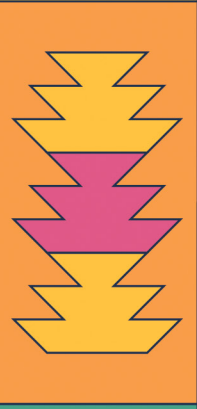
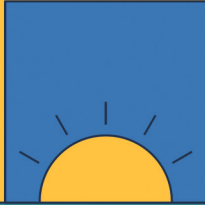


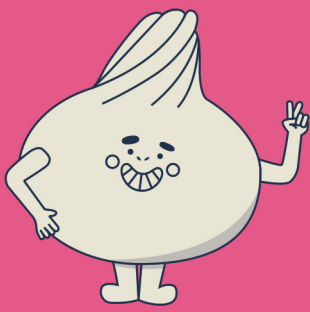
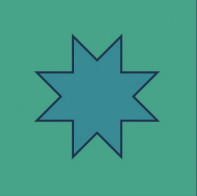
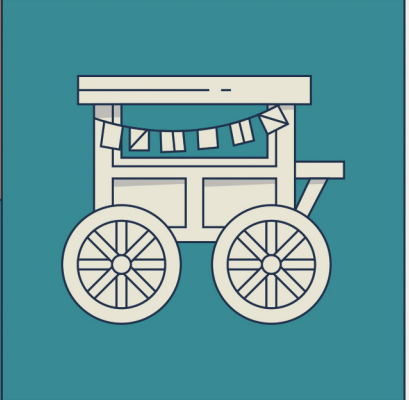
# FOOD MENU



# A SWEET BLEND OF NEPALESE TRADITIONS AND MANCUNIAN STREET FOOD CULTURE

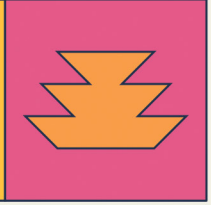
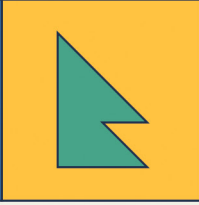


At The Little Yeti, we strive to bring authentic Nepalese Street Food with a contemporary twist to Manchester.



**BORN IN**  
**KATHMANDU**

**MADE IN**  
**MANCHESTER**



# FLAVOURS OF NEPAL

## ROTI WRAPS

**VEGAN MUSHROOM SHASHLICK** £10  
Mushrooms, bell peppers, onions and tomatoes cooked with cumin and garam masala - V, G, VE

**BUTTER CHICKEN** - M, G, H £10.5  
Pieces of chicken tikka finished in a thick creamy tomato sauce flavoured with dried fenugreek leaf

**GARLIC KING PRAWN** - M, C, S, G £12  
King prawns cooked in a tangy rich tomato sauce along with bell peppers, onions and roasted garlic

SERVED WITH A SIDE OF NEPALESE SPICED FRIES

**TIKKA SALAD** - M, G, H £10.5  
Pieces of chicken tikka, cucumber tomatoes, mint yoghurt sauce and fresh lemon dressing

**LAMB CHILLI** - S, G, H, M £11  
Pieces of lamb, onions and bell peppers sliced and cooked in a fresh tomato sauce flavoured with ginger, coriander and green chillies

UPGRADE TO A NAN £1.5

## FRIED

NEPALESE FRIED STREET FOOD TREATS

**ONION BHAJI** - V, VE £5.5  
Sliced onions delicately spiced and coated in chickpea batter

**CHEESY CHOPS** - V, VE £5.5  
Potato patties seasoned with Nepali herbs and spices, stuffed with vegan cheese and coated in chickpea batter. Served with our home made mint yogurt sauce

**CHIPS** - V, VE £3.5  
A culinary delight that needs no description... the ultimate snack food!

## ALLERGENS

<b>V</b> Vegetarian	<b>M</b> Molluscs
<b>VE</b> Vegan	<b>N</b> Nuts
<b>C</b> Celery	<b>P</b> Peanuts
<b>CR</b> Crustaceans	<b>SE</b> Sesame
<b>E</b> Eggs	<b>S</b> Soya
<b>F</b> Fish	<b>G</b> Gluten
<b>MI</b> Milk	<b>H</b> Halal
<b>X</b> Sulphur Dioxide	<b>VA</b> Vegan Available

UPGRADE TO MASALA CHIPS 50P

## SALAD

**CHANA SANDEKO** - V, VE £7  
Freshly chopped salad and chickpea, seasoned with traditional Nepali spices with a drizzle of Sandeko sauce

**ALU KO ACHAR** - V, SE, VE £6.5  
Nepalese potato salad, marinated with traditional spices, sesame and lemon. Spicy tangy and utterly mouthwatering

**CHATPATE** - G, V, VE £7  
A delicious mixture of crunchy noodles, freshly chopped vegetables seasoned with Wai Wai noodle spices and a drizzle of lemon

**SIDE SALAD** - V, VE £4

# MOMO BAR

Momos are minced meat that are delicately spiced and hand-folded in dough parcels. They are steamed and served with a traditional Nepalese sauce. In the Kathmandu valley, Momochas are ubiquitous with many varieties emerging from the diverse traditions and cultures of the Nepalese people.

	<p><b>STEP ONE</b> SELECT YOUR FILLING</p> <hr/> <p><b>VEGETABLE</b><sup>VE</sup> <b>BUFFALO</b><sup>S</sup> <b>CHICKEN</b> <b>PORK</b><sup>S</sup> <b>KING PRAWN</b> 4 pieces</p>	<p>HALF PORTION £5.5</p> 
	<p><b>£9</b> <b>£10</b> <b>£9.5</b> <b>£9.5</b> <b>£7.5</b></p>	
<p><b>STEP TWO</b> HOW WOULD YOU LIKE IT PREPARED?</p> <hr/> <p><b>STEAMED</b><sup>G</sup> OR <b>FRIED</b><sup>G</sup></p>		
	<p><b>STEP THREE</b> CHOOSE YOUR OPTIONAL EXTRA</p> <hr/> <p><b>MILD ACHAR</b> <sup>V, VE</sup> <b>SPICY ACHAR</b> <sup>V, VE</sup> <b>JHOL ACHAR</b> <b>£3</b> <sup>V, VE, SE, S</sup> <b>GARLIC SAUCE</b> <sup>V, VE, S, G</sup> <b>DUMPLING SAUCE</b> <sup>V, VE, S, SE G</sup> <b>SALAD CREAM DIP</b> <sup>V, MI, E</sup></p>	
<p>EXTRA SAUCES 50p</p>		

Experience the vibrant energy of Nepalese street food with our sizzling platters that bring the bustling flavours of Kathmandu to your table

## YETI SIZZLERS

**HONEY CHICKEN WINGS** - MI, SE **£8.5**  
Roasted wings finished in a garlic honey glaze

**SANDEKO CHICKEN WINGS** - SE, M, H **£8**  
Roasted wings tossed with fresh ginger, garlic, coriander, sesame oil and fresh green chillies

**LAMB RIBS** - H **£10**  
Tandoori roasted lambs ribs that fall of the bone finished in a garlic and honey sauce

**LAMB CHOPS** - MI, H **£9.5**  
On the bone lamb chops, marinated in yoghurt spiced with cumin, ginger, garlic and lemon

## CHOW MEIN

Stir fried vegetables and noodles flavoured with soya sauce and garam masala finished with spring onions, coriander and cooking wine

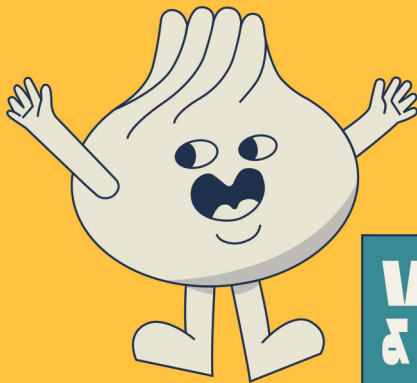
**CHICKEN** - S, G, M, H **£10**  
**KING PRAWN** - S, G, CR **£11.5**

## BREAD

**ROTI** - V, VE, G **£2.5**  
**NAN** - V, VE, G **£3**

### Additional toppings for nan bread:

Garlic +50p Mango & Coconut +£1  
VE Cheese +£1.5 Cheese +£1



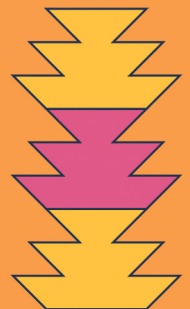
## DESSERT MOMO

3 pieces of hand folded dessert momo that are deep fried and served with a scoop of soft vegan ice cream

**CHOCOLATE** - V, VE, N **£6.5**  
**BISCOFF** - V, VE **£6.5**

**VEGAN  
& VEGETARIAN**

ON THE NEXT PAGE





# VEGAN & VEGETARIAN



# MOMO BAR

Momos are minced vegetables that are delicately spiced and hand-folded in dough parcels. They are steamed and served with a traditional Nepalese sauce. In the Kathmandu valley, Momochas are ubiquitous with many varieties emerging from the diverse traditions and cultures of the Nepalese people.

	<p><b>STEP ONE</b></p> <p>SELECT YOUR FILLING</p> <hr/> <p><b>VEGETABLE<sup>VE</sup></b></p>	<p>HALF PORTION £5.5</p> <hr/> <p><b>£9</b></p>	
<p><b>STEP TWO</b></p> <p>HOW WOULD YOU LIKE IT PREPARED?</p> <hr/> <p><b>STEAMED<sup>G</sup> OR FRIED<sup>G</sup></b></p>			
		<p><b>STEP THREE</b></p> <p>CHOOSE YOUR OPTIONAL EXTRA</p> <hr/> <p><b>MILD ACHAR<sup>V, VE</sup></b></p> <p><b>SPICY ACHAR<sup>V, VE</sup></b></p> <p><b>JHOL ACHAR<sup>£3 V, VE, SE, S</sup></b></p> <p><b>GARLIC SAUCE<sup>V, VE, S, G</sup></b></p> <p><b>DUMPLING SAUCE<sup>V, VE, S, SEG</sup></b></p> <p><b>SALAD CREAM DIP<sup>V, MI, E</sup></b></p> <p><b>EXTRA SAUCES 50p</b></p>	



## ROTI WRAPS

SERVED WITH A SIDE OF NEPALESE SPICED FRIES

### VEGAN MUSHROOM SHASHLICK £10

Mushrooms, bell peppers, onions and tomatoes cooked with cumin and garam masala - V, G, VE

### PANEER SHASHLICK - V, M, G, MI £11.5

Cubes of cheese, onions and bell peppers marinated in garlic, tomato & coriander

### BUTTER PANEER - V, MI £11.5

Pieces of paneer tikka finished in a thick creamy tomato sauce flavoured with fried fenugreek leaf

UPGRADE TO A NAN £1.5

## VEGETABLE SELECTION

### CHANA MASALA - V, VE £6

Chickpeas cooked with onions and flavoured with cumin & garam masala

### DALL - V, VE £6

Yellow lentils cooked with onion and tomatoes, spiced with cumin & turmeric

### ALU CAULI - V, VE £6

Potatoes and cauliflower with onions and tomatoes, spiced with fenugreek leaves & garam masala

## CHOW MEIN

Stir fried vegetables and noodles flavoured with soya sauce and garam masala finished with spring onions, coriander and cooking wine

VEGETABLE - V, VE, S, G £9

## FRIED

NEPALESE FRIED STREET FOOD TREATS

### ONION BHAJI - V, VE £5.5

Sliced onions delicately spiced and coated in chickpea batter

### CHEESY CHOPS - V, VE £5.5

Potato patties seasoned with Nepali herbs and spices, stuffed with vegan cheese and coated in chickpea batter. Served with our home made mint yogurt sauce

### CHIPS - V, VE £3.5

A culinary delight that needs no description... the ultimate snack food!

UPGRADE TO MASALA CHIPS 50P

## YETI SIZZLERS

TRADITIONAL NEPALESE DISHES THAT COME SERVED SIZZLING

### VEGAN MUSHROOM SHASHLICK £9.5

Mushrooms, bell peppers, onions and tomatoes cooked with cumin and garam masala - V, MI

### PANEER SHASHLICK - V, MI £10.5

Paneer cheese, bell peppers, onions and tomatoes marinated in tomato and garlic, spiced with cumin

## BREAD

ROTI - V, VE, G £2.5

NAN - V, VE, G £3

### Additional toppings for nan bread:

Garlic +50p Mango & Coconut +£1

VE Cheese +£1.5 Cheese +£1

